

# PEERY TECHNIQUE CYCLE

	<b>SCALES</b> Major and 3 forms minor MM 152	<b>CHORDS</b> Solid and broken Triads Root Pos and Inv	<b>ARPEGGIOS</b> Major and minor	<b>CADENCES</b> Solid and broken 1 octave only throughout the sequence
Level 1	1 oct, 4 notes, HA	Solid - rest between Broken-2 notes/tick. HA 1 oct	1 oct, 1 note, HA	I-V-I - HA
Level 2	2 octs, 4 notes, HA	2 octs - HA	2 octs, 1-2 notes, HA	Add 1st & 2nd inversions
Level 3	3 octs, 3 notes, HA	Solid - no rest between Broken -3 notes/tick. HT 1 oct	3 octs, 3 notes, HA	I-IV-I-V-I - HA
Level 4	4 octs, 4 notes, HA	2 octs - HT	4 octs, 3 notes, HA	Add 1st & 2nd inversions
Level 5	1 oct, 4 notes, HT	Dominant 7ths - HA 1 oct	1 oct, 3 notes, HT	I-IV-I-V-I, HT
Level 6	2 octs, 4 notes, HT	Dominant 7ths - HT 2 octaves	2 octs, 3 notes, HT	Add 1st & 2nd inversions
Level 7	3 octs, 3 notes, HT	Diminished 7th chords - HA 1 oct	3 octs, 3 notes, HT	I-IV-ii-V-I, HT
Level 8	4 octs, 4 notes, HT	Diminished 7th chords - HT 2 oct	4 octs, 3 notes, HT	Add 1st & 2nd inversions

## SEQUENCE OF KEYS- Circle of Fifths or C G F, D A E, Db Ab Eb, Gb Bb B

### *Suggested Preparatory Steps on Your Way to Completing Level 1*

1st time through the Sequence of Keys: Start with just scales, 1 note per beat. Move up the metronome 1 click each week, or as the student is ready. When the student reaches MM200/1 note change to 2 notes at MM100. When MM 200/2 notes is reached, change to 4 notes at MM100. Keep assigning 1 major scale each week until all major scales have been assigned. Don't worry about speed, just keep moving the metronome up when the student is ready. Be patient. Level 1 takes the most time and scales are the hardest part of Level 1.

2nd time through the Sequence of Keys: Start again at the beginning of the Sequence of Keys. This time assign 1 major scale 1 week, then the RELATIVE minor 3 forms the following week. Keep in mind you are still just assigning scales at this point; no chords, arpeggios or cadences. Continue this pattern alternating major and minor weeks until the sequence of keys is completed the second time.

3rd time through the Sequence of Keys: Start the Sequence again, this time assigning 1 major scale 1 week and the PARALLEL minor 3 forms the next week. Continue this pattern alternating major and minor weeks. It is also time to add Chords.

4th time through the Sequence of Keys: Add arpeggios. If the student is getting close to the Level 1 goal speed of MM152, also assign Cadences.

5th time through the Sequence of Keys: Add Cadences. Keep moving up the metronome as the student is ready. All cycle items should be at MM152 before moving to Level 2.

From this point the trigger for moving to the next level is the scales tempo reaching MM152/4 notes per beat. Start each new level back at MM100/4 notes per beat.

The levels aren't meant to correspond to the student's repertoire level.